



HABA FOUNDATION

HEALTHY ADOLESCENT BRAIN AWARENESS

HABA Discussion Series

Saturday, November 14th

9am-10am Pacific

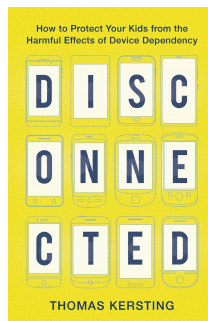
FREE to Register!

CDC: Youth Suicide Rate Increased 56% in Decade

Is Social Media to blame?

Join us for an engaging discussion about the rise in mental health issues and suicide among adolescents and young adults

Featured Speaker



Tom Kersting, MA, LPC

Author of *Disconnected: How to Protect Your Kids from the Harmful Effects of Device Dependency*

**Don't miss out
Register NOW!**

In addition we'll hear from **Louisa Rocque**, MPA Area Director, Greater Los Angeles & Central Coast for the American Foundation for Suicide Prevention



**American
Foundation
for Suicide
Prevention**

Topics

- Factors contributing to the unsettling mental health data
- Learn what experts are saying about the connection between *social media* and *teen mental health*
- A professional's advice for parents
- Inspiring youth to be a part of the solution

**Save your spot
today!**